

Health care coverage when you are traveling abroad

As a Highmark member, you may have the ability to take your health care benefits with you when you travel outside of the United States.¹ Through the Blue Cross Blue Shield Global[®] Core program, you have access to health care resources around the world.

To take advantage of the program:

- Always carry your current Highmark member ID card. Download the BCBS Global Core program app for Apple and Android devices for convenient access to supporting tools and resources.
- Before you go, contact Member Service at the number on the back of your Highmark member ID card for benefits and coverage details.
- If you need to locate a doctor or hospital, you can search for providers at [bcbsglobalcore.com](https://www.bcbsglobalcore.com) or call the BCBS Global Core Service Center (see the reverse side of this flyer).
- If you need inpatient care, call the BCBS Global Core Service Center to arrange direct billing. In most cases, you won't need to pay up-front for inpatient care except for out-of-pocket expenses (non-covered services, deductible, copayment, and coinsurance).
- In addition to contacting the BCBS Global Core Service Center, call Highmark at the number on the back of your member ID card for inpatient authorizations. *Note: This is a different phone number than those listed below.*
- If direct payment hasn't been arranged, you may need to pay up-front and submit a claim for reimbursement. Complete and submit a BCBS Global Core international claim form or submit your claim online at [bcbsglobalcore.com](https://www.bcbsglobalcore.com) or through the BCBS Global Core mobile app.

In an emergency, go directly to the nearest hospital.



¹ Based on your plan, exclusions may apply and coverage may differ (copays, deductibles, coinsurance, etc.).

To learn more about Blue Cross Blue Shield Global® Core:

- Visit bcbsglobalcore.com.
- Call Member Service at the phone number on the back of your member ID card.
- Call the BCBS Global Core Service Center at one of the toll-free numbers:
1-800-810-BLUE (2583) | 1-877-547-2903 | Collect: 1-804-673-1177
- Download the BCBS Global Core program app for Apple and Android devices at bcbsglobalcore.com/home/mobileapp (rates from your wireless provider may apply).



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Western and Northeastern PA: Highmark Inc. d/b/a Highmark Blue Cross Blue Shield, Highmark Choice Company, Highmark Health Insurance Company, Highmark Coverage Advantage Inc., Highmark Benefits Group Inc., First Priority Health, or First Priority Life. **Your plan may not cover all your health care expenses. Read your plan materials carefully to determine which health care services are covered. For more information, call the number on the back of your member ID card or, if not a member, call 866-459-4418.**

Delaware: Highmark BCBSD Inc. d/b/a Highmark Blue Cross Blue Shield.

West Virginia: Highmark West Virginia Inc. d/b/a Highmark Blue Cross Blue Shield. Visit <https://www.highmarkbcbswv.com/networkaccessplan> to view the Access Plan required by the Health Benefit Plan Network Access and Adequacy Act. You may also request a copy by contacting us at the number on the back of your ID card.

Western NY: Highmark Western and Northeastern New York Inc. d/b/a Highmark Blue Cross Blue Shield.

All references to "Highmark" in this document are references to the Highmark company that is providing the member's health benefits or health benefit administration and/or to one or more of its affiliated Blue companies.

The Claims Administrator/Insurer complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al número en la parte posterior de su tarjeta de identificación (TTY: 711).

请注意：如果您说中文，可向您提供免费语言协助服务。请拨打您的身份证背面的号码（TTY：711）。